

First M.Sc. Nursing Examination, Summer 2018
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all Sections**.

SECTION – "I" (38 Marks)

1. Long answer question :

Explain self esteem under following heads :

(3+4+5=12)

a) Define self concept.

3

b) Describe development of self esteem.

4

c) Explain nurses role in enhancing the self esteem of a client with low self esteem.

5

2. Long answer question :

Explain Therapeutic communication and interpersonal relationship under following heads.

(2+4+5=11)

a) Define therapeutic nurse -patient-relationship.

2

b) Explain the essentials for therapeutic nurse -patient-relationship.

4

c) Describe phases of therapeutic nurse -patient-relationship.

5

P.T.O.

54007



3. Short answer question (**any three** out of five) : **(3×5=15)**
- a) Explain classification of Central Nervous System Stimulants Drugs.
 - b) Techniques used in History taking in psychiatric nursing.
 - c) Family therapy.
 - d) Mental Health Act.
 - e) A nursing model – Hildegard E Papanicolaou theory application in mental health.

SECTION – "II" (37 Marks)

4. Long answer question : **(3+4+5=12)**
- Explain Electroconvulsive Therapy under following heads.
- a) Describe risk associated with ECT. **3**
 - b) Explain investigations done before ECT and its purposes. **4**
 - c) Write nursing management of a client posted for ECT. **5**
5. Long answer question : **(4+6=10)**
- Explain Assertive training under following heads :
- a) Difference between assertive behaviour and nonassertive behavior. **4**
 - b) Explain the techniques that promote assertive behaviour. **6**
6. Short answer question (**any three** out of five) : **(3×5=15)**
- a) National mental health programme.
 - b) Psychometric assessment.
 - c) Therapeutic communication techniques.
 - d) Chiropractic Medicine as an alternative system of medicine in mental health.
 - e) Methods of Stress management.

**First M.Sc. Nursing Examination, Summer 2017
PSYCHIATRIC NURSING – III**

Total Duration : 3 Hours

Total Marks : 75

- Instructions:**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question Paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any Question Paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** Sections.

SECTION "I" (38 Marks)

1. Long answer question : **(3+4+5=12)**
 Explain therapeutic communication and interpersonal relationship under following heads :
 - a) Explain therapeutic communication. **3**
 - b) Describe Johari window. **4**
 - c) Discuss working phase of nurse-patient relationship. **5**
2. Long answer question : **(2+4+5=11)**
 Explain concepts of psychobiology under following heads :
 - a) Define scope of mental health nursing. **2**
 - b) Enlist the Neuro psychiatric disorders. **4**
 - c) Discuss implications of psychoimmunology in mental illness. **5**
3. Short answer questions (**any three** out of five) : **(3×5=15)**
 - a) Write note on Neurotransmitters.
 - b) Withdrawal symptoms of antipsychotic.
 - c) Nursing case management.
 - d) Therapeutic touch and massage therapy.
 - e) Low self esteem.

P.T.O.

54007



SECTION "II" (37 Marks)

4. Long answer questions : (3+4+5=12)
 Explain following heads
- a) Discuss components of self concept. 3
 - b) How is neuro imaging used in psychiatry ? 4
 - c) Describe briefly various tools used for mental health assessment. 5
5. Long answer question : (4+6=10)
 Explain stress under following heads
- a) Explain the sources of stress. 4
 - b) Describe various stress management techniques and role of a nurse. 6
6. Short answer questions (any three out of five) : (3×5=15)
- a) Assertive behaviour.
 - b) Interpersonal theory of Sullivan.
 - c) Trends and Issues in mental health nursing in India.
 - d) Types of admissions to mental hospital in India.
 - e) Importance of documentation in mental health nursing.



54007

First M.Sc. Nursing Examination, Summer 2015
PSYCHIATRIC NURSING – III

Total Duration : 3 Hours

Total Marks : 75

SECTION – A/B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use a common answer book for all Sections.**

SECTION – A

(38 Marks)

1. Answer the following. (3+4+5= 12)
 - a) Define mental health and mental illness. 3
 - b) Explain mental health and mental illness continuum with illustration. 4
 - c) Discuss Multi- Disciplinary team and role of nurse in psychiatric nursing.. 5
2. Answer the following. (2+4+5=11)
 - a) Define therapeutic communication. 2
 - b) Discuss barriers in communication with specific reference to psychopathology. 4
 - c) Explain therapeutic communication techniques. 5
3. Short answer question (**any three** out of five) : (3x5= 15)
 - a) Therapeutic Community.
 - b) Cognitive Development Theory.
 - c) Mental Health Act.
 - d) Nurse-Client Relationship.
 - e) Basic Human Rights.



P.T.O.

54007



SECTION - B

(37 Marks)

4. Answer the following. (3+4+5= 12)
- a) Define Stress. 3
 - b) Discuss adaptation to stress. 4
 - c) Explain stress management and role of nurse in it. 5
5. Answer the following. (4+6= 10)
- a) Discuss therapeutic touch and massage. 4
 - b) Explain ECT and role of nurse in it. 6
6. Short answer question (any three out of five) : (3x5=15)
- a) Extrapyrimal Symptoms.
 - b) Mental Status Examination.
 - c) Occupational Therapy.
 - d) Delusions.
 - e) Psychometric Assessment.



5
54007

First M.Sc. Nursing, Summer-2014 Examination
PSYCHIATRIC NURSING - III

Total Duration : 3 Hours

Total Marks : 75

- Instructions: 1) Use blue/black ball point pen only.
- 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

SECTION - I

38 Marks

1. Long answer (3+4+5=12)
 - a) What do you mean by therapeutic Nurse Patient Relationship? 3
 - b) Write down the therapeutic communication techniques used by a nurse while interacting with the patient. 4
 - c) Explain Working phase in NPR 5
2. Long answer (2+4+5=11)
 - a) What do you mean by stress? 2
 - b) Explain how it affect mental health of a person 4
 - c) Mental status Examination and its importance 5
3. Brief answer question (any three out of five) : (3x5=15)
 - a) Basic human rights
 - b) Hallucinations and its types
 - c) Inter personal Theory by Hildegard Peplau and its application in Psychiatric Nursing.
 - d) Classification of mental illnesses - ICD 10
 - e) Neurotransmitters



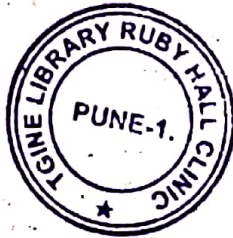
(P.T.O.)



SECTION - II

37 Marks

4. Long answer (3+4+5=12)
- a) Define mental health and mental illness 3
 - b) Explain the role of nurse in the Mental Health Team team 4
 - c) National mental health program and its objectives 5
5. Long answer (4+6=10)
- a) Write the classification of psychotropic drugs 4
 - b) Explain the nurses responsibility while caring a patient who is on Antidepressant drugs 6
6. Brief answer question (any three out of five) : (3x5=15)
- a) Role of Nurse during ECT
 - b) Family Therapy
 - c) Therapeutic Community
 - d) Manifestations of low self esteem
 - e) Disorders of thought





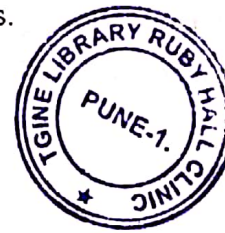
Summer-2013 Examination
First M.Sc. Nursing

54007

PSYCHIATRIC NURSING - III

Duration: 3 Hours

Total Marks: 75

Instruction 1) Use **blue/black** ball point pen only.2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.3) **All** questions are **compulsory**.4) The number to the **right** indicates **full** marks.5) Draw diagrams **wherever** necessary.

SECTION - I

38 Marks

1. Long answer question. (3+4+5=12)
- Define Stress. 3
 - Explain the Sources of Stress. 4
 - Describe Stress Management Techniques and Role of Nurse. 5
2. Long answer question. (2+4+5=11)
- What is Assertive Training. 2
 - Discuss the Behaviour componets of Assertive Behaviour. 4
 - Describe techniques that promoté assertive behaviour and role of nurse. 5
3. Brief answer question (**any three** out of five) : (3x5=15)
- Yoga as alternative system of medicine in mental health.
 - Trends, issues and magnitude of mental health and metal illness.
 - Theory of Moral Development.
 - Concept of Psychobiology.
 - Right of mentally ill clients.

SECTION - II

37 Marks

4. Long answer question. (3+4+5=12)
- What do you understand by the tern self esteem. 3
 - Discuss the componets of self esteem. 4
 - Describe development of self esteem and manifestation of low self esteem. 5

(P.T.O.)

Summer 2013



Summer-2013 Examination

54007

5. Long answer question.

(4+6=10)

a) What do you understand by communication, therapeutic communication and therapeutic nurse client relationship.

4

b) Discuss various phases of nurse client relationship.

6

6. Brief answer question (any three out of five) :

(3x5=15)

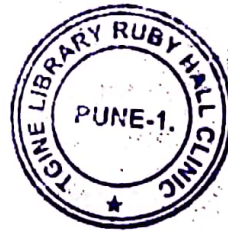
a) Mental status examination.

b) Antianxiety agents.

c) Sertraline.

d) Importance of Documentation in mental health nursing.

e) Cognitive Development Theory.





54007

**First M.Sc. Nursing Examination, May/June 2010
PSYCHIATRIC NURSING – III**

Duration : 3 Hours

Total Marks : 75

- Instructions:** 1) Use blue/black ball point pen only.
2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
3) All questions are compulsory.
4) The number to the right indicates full marks.
5) Draw diagrams wherever necessary.

SECTION – I

38

1. a) Define mental health. 3
b) Explain mental health and mental illness continuum with illustration. 4
c) Describe the historical development of psychiatric nursing in India. 5
2. a) Define play therapy. 2
b) Enumerate the objectives of play therapy. 4
c) What is the role of a psychiatric nurse in a play therapy? 5
3. Write short answer on any three: (3×5=15)
 - a) Milieu therapy
 - b) Lithium carbonate
 - c) Use of self as a therapeutic tool
 - d) Limbic system
 - e) Mental health act.



SECTION – II

37

4. a) What do you understand by theory of psychosocial development? 3
b) List Erikson's stages of developmental sequence. 4
c) Discuss the Erikson's conception of developmental sequence. 5
5. a) List indications and contraindications for ECT. 4
b) Discuss the mechanism of action and the role of the nurse while preparing a patient for 1st ECT. 6
6. Write short answer on any three: (3×5=15)
 - a) Haloperidol
 - b) History taking
 - c) Johari window
 - d) Causes of communication breakdown and distortion
 - e) Thought stopping techniques.



54007

First M.Sc. Nursing Examination, Nov./Dec. 2009
PSYCHIATRIC NURSING – III

Duration: 3 Hours

Total Marks: 75

Instructions : 1) Use blue/black ball point pen only.

2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.

3) All questions are compulsory.

4) The number to the right indicates full marks.

5) Draw diagrams wherever necessary.

SECTION – I

(Marks : 38)

1. a) Define mental health and list the characteristics of a mentally healthy individual. 3
- b) Explain the human rights in respect of mentally ill patient. 4
- c) Discuss the mental health team and role of Psychiatric Mental Health Nurse. 5
- 12**
2. a) Define Psychobiology. 2
- b) Discuss the role of genetics in mental illness. 4
- c) Explain the implications for Psychiatric Nursing. 5
- 11**
3. Write short answers (any three) : (3×5=15)
 - a) Characteristics of Social and Therapeutic Communication
 - b) Cognitive Development Theory
 - c) General Adaptation Syndrome (GAS)
 - d) Johari Window
 - e) Therapeutic use of self.

P.T.O.



54007

SECTION - II

(Marks : 37)

- 4. a) Discuss Interpersonal Relationship. 3
- b) Explain the dynamics of Therapeutic Nurse-Patient Relationship. 4
- c) Describe the technique of therapeutic communication. 5
- 5. a) Define nursing process and show diagrammatically its cyclic nature. 4
- b) Discuss the steps of nursing process in Psychiatric Mental Health Nursing and explain the documentation. 6
- 6. Write short answers (any three) : (3×5=15)
 - a) Behaviour Therapy
 - b) Antipsychotic Drugs
 - c) Electro Convulsive Therapy
 - d) Techniques to promote Assertive Behaviour
 - e) Pet Therapy.

